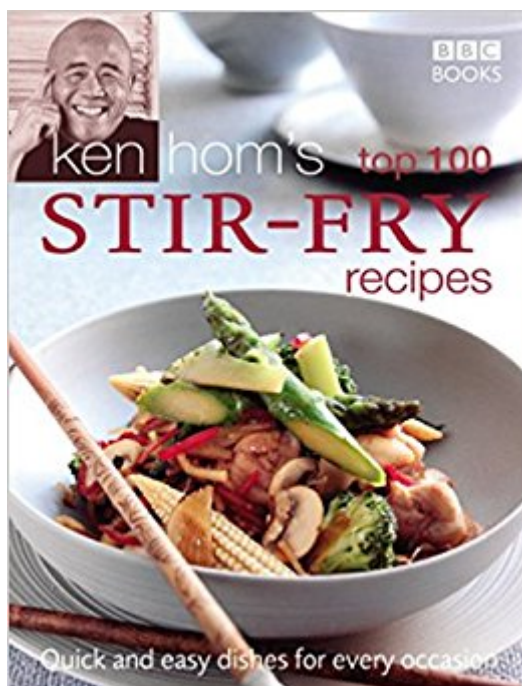


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# Ken Hom's Top 100 Stir Fry Recipes: Quick And Easy Dishes For Every Occasion (BBC Books' Quick & Easy Cookery)



## Synopsis

Ken Hom brings us 100 healthy, delicious, easy-to-prepare dishes that are sure to appeal to every palate. With 20 brand new recipes as well as 80 favorites, this revered cook covers not only Asian stir fries but non-Asian dishes as well, like stir-fry spaghetti carbonara. Ken Hom's Top 100 Stir Fry Recipes is arranged by chapters that include Chicken, Fish and Seafood, Beef, Pork, and Vegetarian, and there are also helpful sections on techniques for preparation and cooking as well as recommendations for oils and sauces. As one of the world's top authorities on wok-cooking, Ken Hom shows that the speed, versatility, and convenience of stir-frying never compromise flavor.

## Book Information

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## Customer Reviews

An outstanding collection of new and classic stir-fry recipes from one of the world's leading authorities on Asian cooking.

In this stylishly produced new book, Ken Hom brings us 100 healthy, delicious, easy-to-prepare dishes sure to appeal to every palate. With 20 brand new recipes as well as 80 favorites, this revered cook covers not only Asian stir fries but non-Asian dishes as well, like stir-fry spaghetti carbonara. Ken Hom's Top 100 Stir Fry Recipes is arranged by chapters that include Chicken, fish and Seafood, Beef,

Pork, and Vegetarian, and there are also helpful sections on techniques for preparation and cooking as well as recommendations for oils and sauces. As one of the world's top authorities on wok cooking, Ken Hom shows that the speed, versatility, and convenience of stir-frying never compromise flavor. Teacher and cookbook author Ken Hom travels regularly to America, Asia, and Europe; among his best-sellers are Ken Hom's Quick Wok, Foolproof Chinese Cooking, and Ken Hom's Hot Wok.

I LOVE this book. As a home cook that loves to try new things, this was one of the books that I originally checked out of my local library. I loved it so much, I had to have my own copy. The recipes are so easy to follow, and even though there are some eclectic ingredients listed, there is usually an easy to find and most likely on hand substitution for these things. Like another review pointed out, there is use of British terminology throughout the book, but again, these are explained thoroughly. Every recipe I have tried so far came out tasting amazing. Even the most basic of cooks could handle this book, and come out looking like a stir fry Pro. Highly recommend to add to your cookbook collection.

It's always good to find a cookbook where you use more than 1 or 2 recipes. This one fits the bill. It's my current favourite. Stir fry is my favourite form of cooking and this is my current go-to cookbook. As the cover says "quick and easy". And delicious!! Worth every penny/dime.

killer recipes. Takes the mystical qualities out of a number of favorite dishes, and teaches important nuance about Chinese/ asian recipes.

Made two recipes so far, and both were great. I'm new to stir fry, so I still find the prep work laborious. But the recipes are written well and easy to follow.

I first found this at our local library and wanted a copy for home. Most recipes have too much salt for our taste so I went through the book and crossed out the salt from most recipes. There is great plenty from other ingredients and you can always add more later.

It's got some great recipes. Most of them have turned out well on the 1st try.

Ken Hom's recipes are simple and healthy and that's what I like. The illustrations are a great

motivator to eat more Asian cuisine.

Some nice recipes offered amongst those that I don't know if I would ever use. They seem simple to follow and that is what I was looking for.

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